Women's Aid
ARMAGH DOWN

At Women's Aid Armagh Down, our staff deliver support within primary and post-primary schools across the Newry, Mourne & Down and Armagh, Banbridge & Craigavon areas. This leaflet outlines the programmes and support available within school settings.

If you have any questions or would like to access support for children or young people in your school, please do not hesitate to contact us.

CONTACT US

Women's Aid
ARMAGH DOWN

028 3025 0765

Newry, Mourne & Down
Newry Resource Centre
7 Downshire Place,
Newry, BT34 1DZ

Armagh, Banbridge & Craigavon
Portadown Resource Centre
53 William Street,
Portadown, BT62 3NX

Armagh Outreach Centre
39 Abbey Street,
Armagh, BT61 7DY

www.womensaidarmaghdown.org

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Schools programmes



SAHRA

SAFETY AND HEALTHY RELATIONSHIP ADVOCATE

Helping Hands

Primary School Programme



A specialist Children and Young Person's (C&YP) Support Worker provides in-school support for C&YP who have experienced domestic abuse within their home.

This project currently operates across primary and post-primary schools within the NMD and ABC areas.

Up to 6 weeks of one-to-one support is offered following referral from the school's Designated Safeguarding Teacher, including cases linked to Operation Encompass or where domestic abuse has been identified within the home.

SAHRA provides a safe and supportive space to talk, build resilience, and develop an understanding of healthy relationships.



Delivered in primary schools to support children in understanding safety and wellbeing:

- Encourage children to seek support when needed.
- Empower children to identify their own personal support networks.
- Encourage children to explore how their behaviour impacts the feelings of others.
- Encourage children to identify positive ways to manage conflict.





Heading for Healthy Relationships

Post primary School Programme

Delivered in Post Primary schools to support young people to recognise unhealthy relationships and to develop and maintain healthy realtionships.

Content includes:

- Healthy vs unhealthy relationships
- Red flags
- Coercive control
- Types of abuse
- Consent
- Sexting
- Self-esteem



As part of the programme, the PSNI may attend a session to support delivery. This content includes:

- How police respond to domestic abuse incidents.
- The importance of online safety, particularly when sharing images.



