SAHRA

ANNUAL REPORT

APRIL 25 – MAR 26



Total number of children and young people (CYP) supported

32



Sessions delivered within schools to support children with a lived experience of domestic abuse

145



Number of safety plans completed & support networks identified

32

Safety And Healthy Relationship Advocate

7 schools were involved in the Project

SAHRA
SAFETY AND HEALTHY RELATIONSHIP ADVOCATE

- City of Armagh High School
- St. Patrick's Primary School
- Killicomaine Junior School
- St. Malachy's High School
- St. Joseph's Primary School
- Sir Robert Hart Memorial School
- St. Paul's High School

SAHRA
SAFETY AND HEALTHY RELATIONSHIP ADVOCATE

100%

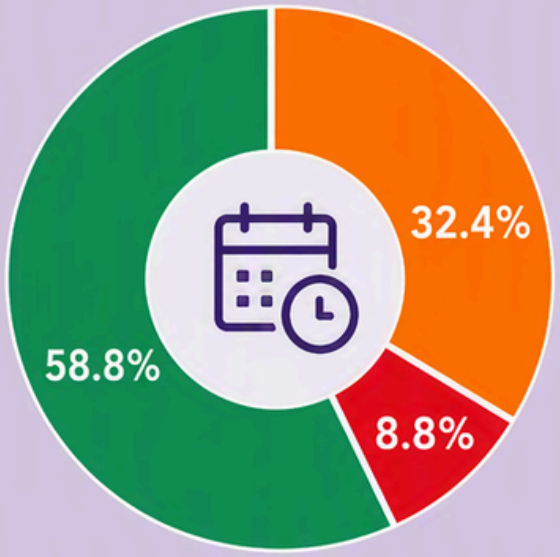
of Referrals followed an

Operation Encompass Notification

Every notification.
Every child supported.

TIMELINE

FROM REFERRAL TO SUPPORT



- Same day **58.8%**
- 1 week **32.4%**
- 2 weeks **8.8%**

Referral → Notification → Support → Outcome

> SAHRA ensures that children receive the right support, at the right time from the right person.

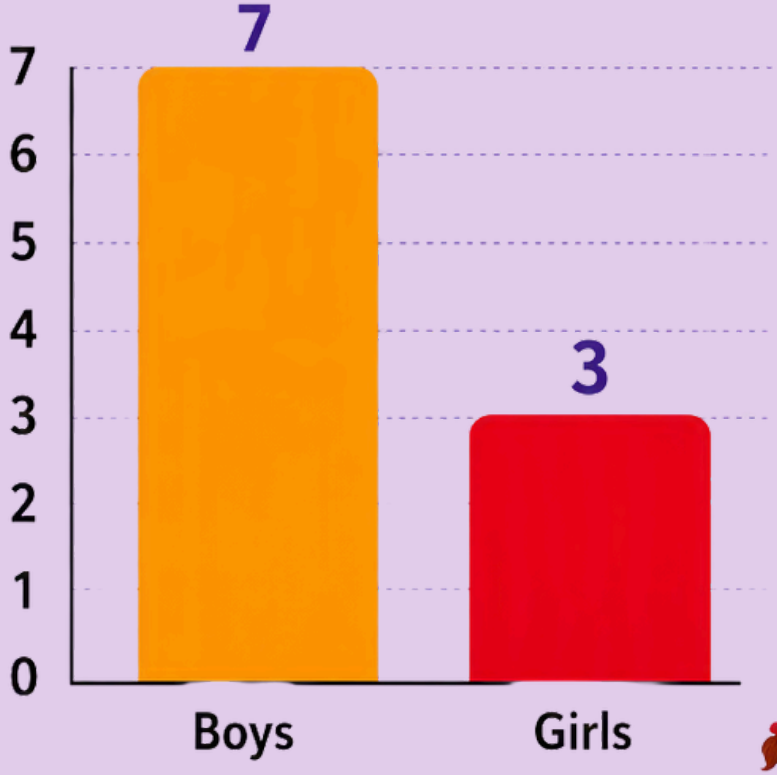
Working together.
Supporting children and young people.

Helping Hands

SAHRA
SAFETY AND HEALTHY RELATIONSHIP ADVOCATE

3 Primary Schools
(2 NMD & 1 ABC area)

10
Children engaged in a 6 week programme of support



55
specialist 1:1 sessions delivered



CHILDREN'S EVALUATIONS

SAHRA
SAFETY AND HEALTHY RELATIONSHIP ADVOCATE





Every comment shown here was written by a child who took part in SAHRA support.

How has SAHRA helped me?

It has taught me about Safty and there it ok to feel mad or worried and more

feel safe Happy

W ant to go and do this gging

By teaching me how to feel Safe.

Sahra helped me When I was Sad,

I was Sad erly had but Now im happy

Your voice matters. You are heard. You are valued.

HEADING FOR HEALTHY RELATIONSHIPS

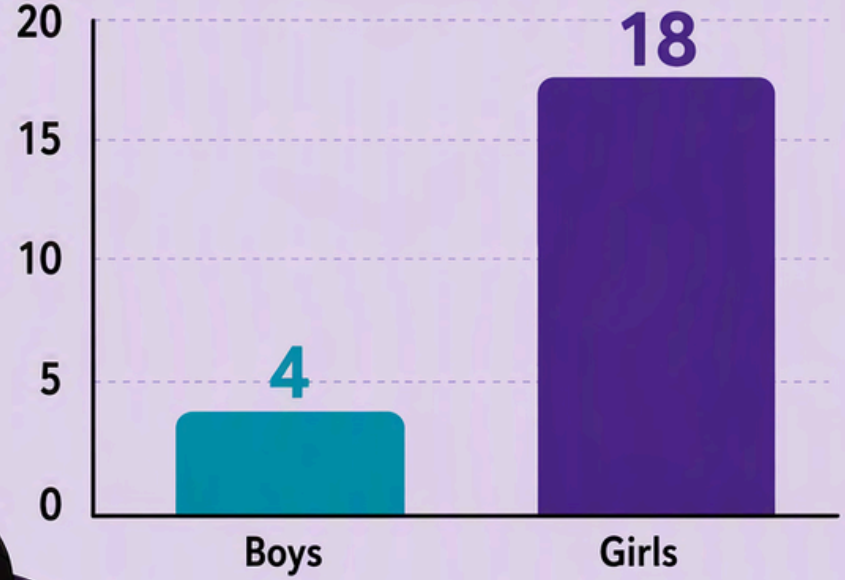
SAHRA
SAFETY AND HEALTHY RELATIONSHIP ADVOCATE

22
Young People

completed a 4–6 week healthy relationships programme

22 Young People Engaged Across 4 Post-Primary Schools

(2 NMD & 2 ABC Area)



90
specialist 1:1 sessions delivered



Supporting young people to build safe, respectful and healthy relationships.



YOUNG PEOPLE'S EVALUATIONS



SAHRA
SAFETY AND HEALTHY RELATIONSHIP ADVOCATE

Real feedback from young people participating in SAHRA support.

How has SAHRA helped me?

It has helped me learn what to look out for and what isn't acceptable within relationships

I under what emotions are healthy and unhealthy

By Showing me how to be Safe and who can support you

to let me Know how to Stay Safe and what a healthy relationship is

I understand healthy and unhealthy relationships better

SAHRA helped me to understand different types of relationships and why they are all important.

TEACHERS FEEDBACK

SAHRA
SAFETY AND HEALTHY RELATIONSHIP ADVOCATE

Supporting Children Beyond the Classroom

> The SAHRA Project has been a highly effective and complementary support to our pastoral and child-protection work.

> The programme not only strengthens our preventative education but also provides pupils with an additional trusted adult and a structured space to voice concerns.

> Given the increasing complexity of safeguarding needs within schools, the continuation of the SAHRA Project is not simply desirable – it is essential.



> We have full confidence in the project, our deliverer and feel the benefits of it!

> The pupils have enjoyed the time with you and I am very grateful for your specialist input.

> The project definitely secures support for a very specific group of pupils who need input beyond internal school mentoring.

> The project has been an asset to our school community and we would strongly welcome the opportunity to continue this partnership in the years ahead.

WHAT CHILDREN TOLD US

- "I have someone I can talk to."
- "I feel safer now."
- "I have more confidence."
- "I know it's not my fault."
- "I know who to ask for help."

OUTCOMES OF THE SAHRA PROJECT

SAHRA
SAFETY AND HEALTHY RELATIONSHIP ADVOCATE

Making a Difference for Children and Young People

OUTCOMES ACHIEVED

SAFER
Children and young people increased their understanding of personal safety, healthy relationships and how to seek help when needed.

MORE CONFIDENT
Participants developed greater self-esteem, confidence and resilience through trusted support and positive activities.

IMPROVED WELLBEING
Children reported feeling less isolated, more supported and better able to understand and manage their feelings.

STRONGER VOICES
Children and young people were encouraged to share their views, influence support planning and participate in service evaluation.

IMPACT AT A GLANCE

POST PRIMARY
- **100%** Children feeling safer
- **100%** Children feeling more supported
- **100%** Children supported at the right time

PRIMARY
- **100%** feeling more supported
- **75%** understand the feeling of safe and unsafe
- **100%** Children identified people to add to their Helping Hand

WHAT CHANGED?

BEFORE SAHRA
Before I was always Angry.

AFTER SAHRA
now I feel happy and know how to keep Safe.

Every number represents a child or young person whose life is getting better.



Stronger today, brighter tomorrow.

THANK YOU!

SAHRA
SAFETY AND HEALTHY RELATIONSHIP ADVOCATE

A big **thank you** to all **7 schools** that worked in partnership with us to make sure that the SAHRA project meets the needs of the children and young in their schools.

Thank you to the **32 children and young people** who found the courage to open up and engage in support. Thank you for sharing your experiences, trusting us to walk alongside you, and allowing us to be part of your journey. Your resilience and hope for the future inspire us every day

Thanks to all those **private donations** towards SAHRA

Thank you to the PCSP in Newry Mourne & Down and Armagh Banbridge and Craigavon for continuing to provide essential funding to continue the work of this project ensuring that children and young people that have lived experience of Domestic Abuse have the specialised support they need within their schools setting to help them on their journey.



PCSP Newry, Mourne & Down PCSP
Policing & Community Safety Partnership
making Newry, Mourne & Down safer

PCSP Armagh, Banbridge & Craigavon PCSP
Policing & Community Safety Partnership
making Armagh, Banbridge & Craigavon safer

Women's Aid ARMAGH DOWN